

Health and Wellness





## 2010-2011 MULTI-SPORT NCCP COURSE SCHEDULE

Course	Time/Date	Registration Deadline	Location
Part A - Make Ethical Decisions	Oct 1, 6:00- 10:00	Sept. 27	Charlottetown
Part A - Plan a Practice, Basic Nutrition	October 2, 9:00-5:00	Sept. 27	Charlottetown
CD - Leading Drug Free Sport	October 18, 6:30- 10:00	Oct. 13	Charlottetown
CD - Developing Athletic Abilities	October 23, 800- 5:00	Oct. 18	Charlottetown
CD - Prevention and Recovery	October 24, 800- 5:00	Oct.18	Charlotttown
CD - Psychology of Performance	October 26 & 27 6:30-10:00	Oct. 21	Charlottetown
CD - Managing Conflict	November 2, 6:00- 10:00	Oct. 28	Charlottetown
CD - Coaching and leading Effectively	November 9 & 10 6:30-10:00	Oct. 4	Charlottetown
Part B - Design a Basic Sport Program	December 2, 6:00- 10:00	Nov. 26	Charlottetown
Part B- Basic Mental Skills	December 3, 6:00- 10:00	Nov. 26	Charlottetown
Part B - Teaching & Learning	December 4, 9:00- 4:00	Nov. 26	Charlottetown
Part A - Make Ethical Decisions	January 21, 6:00- 10:00	Jan. 17	Summerside
Part A - Plan a Practice, Basic Nutrition	January 22, 9:00- 5:00	Jan. 17	Summerside

Part A - Make Ethical Decisions	French Course - TBA		Centre Belle- Alliance, S'side
Part A - Plan a Practice, Basic Nutrition (French Course)	French Course - TBA		Centre Belle- Alliance, S'side
Part B - Design a Basic Sport Program, Basic mental Skills, Nutrition	French Course - TBA		Centre Belle- Alliance, S'side
Part B - Design a Basic Sport Program	April 28, 6:00- 10:00	April 25	Charlottetown
Part B- Basic Mental Skills	April 29, 6:00- 10:00	April 25	Charlottetown
Part B - Teaching & Learning	April 30, 9:00- 4:00	April 25	Charlottetown
Part A - Make Ethical Decisions	May 27, 6:00- 10:00	May 23	Charlottetown
Part A - Plan a Practice, Basic Nutrition	May 28, 9:00- 5:00	May 23	Charlottetown

## **Course Fees**

Introduction to Competition Part A (full course)	\$40.00
Introduction to Competition Part B (full course)	
Make Ethical Decisions & other Part A, Part B per module	\$20.00
Competition Development (full course)	\$125.00
Competition Development - Leading Drug Free Sport module	\$20.00
Competition Development - Managing Conflict module	\$20.00
Competition Development - All others per module	\$35.00

Note: Courses will be offered only if adequate #'s are registered.

Please register by calling Victoria MacDonald@ 902-368-4110 or <a href="mailto:sports@sportpei.pe.ca">sports@sportpei.pe.ca</a>

For further information on Coaching Courses, Please contact:
Jo-anne Wallace, Provincial Coaching Coordinator
@ 902-859-8861 or jpwallace@gov.pe.ca