



# PEI Technical Program Learn to Curl/Skills Development & Talent Identification JUNIOR CURLING CAMP Summerside Silver Fox Curling Sunday 11 December 11

On Sunday 11 Dec. 2011 the PEICA will be holding a Junior Learn to Curl/Skills Development& Talent ID Camp for junior boys & girls teams & individuals from novice to intermediate level for all Island Juniors.

<u>Please Note:</u> The camp will focus on the **novice to intermediate Junior teams & individuals who have at least 1 year's experience** primarily 10-15 years of age with the main focus on Learning, Skill Development, Fun and allowing an opportunity for Talent Identification

#### CAMP LOCATION: Summerside Silver Fox Curling Club

Sunday, 11 Dec	8:30 a.m. – 9:00 am	Check in & Change up
	9:00 a.m. – 5:00 p.m.	Camp – on ice & classroom sessions

### COST:

The cost is **\$100.00 per team including coach** or **\$25.00 per individual** - **Space is limited** (**48**) and selection will be on a first come first paid basis. Morning & afternoon nutrition breaks will be provided by the Camp each day.

#### **DEADLINE FOR APPLICATION:**

Cheque (payable to PEI Curling Association) & registration must be received by Mon. 5 Dec, 2011.

#### **CAMP CONTENT:**

#### • On-Ice topics will include

- Technical Skills (Stance, Balance, Timing, Line of Delivery)
- Technical Skills (Grip, Turns, Release, Rotation)
- Drills for skill development
- Brushing Drills & Skills, Communication
- Pre-shot routines,
- Shot selection

#### • Off-Ice topics will include:

- Technical Review,
- Safety, Rules & Etiquette
- Team Dynamics, Roles & Responsibilities, Goal Setting,
- Basic Strategy
- Importance of Warm Up & Cool Down

Mail camp registration/cheque to: Silver Fox Curling Club Attention: Shelley MacFadyen 110 Water Street Summerside PEI C1N 1A9

For further information please contact Gayle Johnston at 368-1071 or email gaylej@eastlink.ca Or Shelley MacFadyen at 436-3969 or email <u>gord\_shelley@yahoo.com</u>

## PEICA Learn to Curl/Skills Development/Talent ID Junior Curling Camp Sunday 11 December, 2011 Summerside Silver Fox Curling Club

## **Registration Form**

Team:	or Individual	Age:	DOB:
	or Parent:	Phone	#
Team Members: (Please			
Skip:	Age:	DOB:	
Third:	Age:	DOB:	
Second:	Age:	DOB	
Lead:	Age:	DOB	
	ne of some of your Team's schedule/season plan f e, etc.):		ıde Funspiels, Provincials,
Has your team or some o indicate which camp(s) th	of your team members attended other camps/spec hey attended and when:	cial training etc.over	the past 2 years, if yes please
	<b>DEADLINE FOR APPLICATION: M</b> on/cheque to: Silver Fox Curling Club Attention: Shelley MacFa	•	)11

110 Water Street Summerside, C1N 1A9

Or register with Shelley MacFadyen at the Silver Fox Club during Junior Curling Program times