



# PEI Technical Program Learn to Curl/Skills Development & Talent Identification JUNIOR CURLING CAMP Summerside Silver Fox Curling Sunday 11 Nov. 2012

On Sunday 11 Nov 2012 the PEICA will be holding a Junior Learn to Curl/Skills Development& Talent ID Camp for junior boys & girls teams & individuals from novice to intermediate level for all Island Juniors.

<u>Please Note:</u> The camp will focus on the **novice to intermediate Junior teams & individuals who have at least 1 year's experience** primarily 9-14 years of age with the main focus on Learning, Skill Development, Fun and allowing an opportunity for Talent Identification

**CAMP LOCATION: Summerside Silver Fox Curling Club** 

**Sunday, 11 Dec** 8:30 a.m. – 9:00 am Check in & Change up

9:00 a.m. – 5:00 p.m. Camp – on ice & classroom sessions

### COST:

The cost is \$80.00 per team including coach or \$20.00 per individual - Space is limited (40) and selection will be on a first come first paid basis. Morning & afternoon nutrition breaks will be provided by the Camp each day.

### **DEADLINE FOR APPLICATION:**

Cheque (payable to PEI Curling Association) & registration must be received by Mon. 5 Nov. 2012

### **CAMP CONTENT:**

- On-Ice topics will include
  - Technical Skills (Stance, Balance, Timing, Line of Delivery)
  - Technical Skills (Grip, Turns, Release, Rotation)
  - Drills for skill development
  - Brushing Drills & Skills, Communication
  - Pre-shot routines,
  - Shot selection

### • Off-Ice topics will include:

- Technical Review,
- Safety, Rules & Etiquette
- Team Dynamics, Roles & Responsibilities, Goal Setting,
- Basic Strategy
- Importance of Warm Up & Cool Down

Mail camp registration/cheque to: Silver Fox Curling Club

**Attention: Shelley MacFadyen** 

110 Water Street Summerside PEI

C1N 1A9

For further information please contact Gayle Johnston at 368-1071 or email gaylej@eastlink.ca or Shelley MacFadyen at 436-3969 or email gord\_shelley@yahoo.com

## **PEICA**

# Learn to Curl/Skills Development/Talent ID Junior Curling Camp Sunday 11 Nov, 2012 Summerside Silver Fox Curling Club

# **Registration Form**

Team:	or Individual	Age:	DOB:
	arent:		
Email:			
Team Members: (Please include	de age)		
Skip:	Age:	DOB:	
Third:	Age:	DOB:	
Second:	Age:	DOB	
Lead:	Age:	DOB	
Place Note: This section	is for tooms who have played too	other for 1 or more ver	.wa•
	is for teams who have played toge Season (if majority of team had been tog		<u>118.</u>
Provincials:			
Please give a short outline of s general practice schedule, etc.	ome of your Team's schedule/season pla ):	n for the 20012-13 (include	Funspiels, Provincials,
Has your team or some of you indicate which camp(s) they at	r team members attended other camps/s ttended and when:	pecial training etc.over the	past 2 years, if yes please
	ADLINE FOR APPLICATION: Note that the second	b	I
Or register with Shelley I	Summerside, C1N 1A9 MacFadyen at the Silver Fox Club	during Junior Curlin	g Program times
Comments:			